

REFLECTIONS: FRAMEWORKS AND ANCHORS, PAST EXPERIENCES

	On a scale of one (low) to high (10), how much were you able to do this in the past (across your entire experience inventory)?	Think and reflect – what role did this play in your prior experience (across your entire experience inventory)?
...being able to apply your previous knowledge and skills in your job, being an expert at what you do, and using your expertise at work?		
...being pushed to try new things, experiment, and to adapt to new problems and tasks?		
...knowing your work has meaning in the world – serving others, improving your community, helping to make the world a better place to live?		
...knowing what's expected of you, being familiar with the tasks at hand, and having a clear idea of what's required?		
...knowing that you have a steady job, that your company is stable, and that you're going to be able to rely on your current job?		
...having the flexibility to work when and where it best fits you as long as you get the work that you're responsible for done?		
...having autonomy over your tasks and work, being able to decide what you work on and to choose your projects, collaboration partners, and content?		
...taking on or being in a leadership role, having the opportunity to manage a team?		
...getting regular and structured feedback on your work?		
...being able to balance your work and your life, having a clear end to your workday, and/or being able to separate work time and free time?		

